



Livingstone Street Clinic

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Date of Infusion: _____

IRON INFUSION:

An Iron infusion involves the administration of FERRINJECT which is an intravenous iron preparation used in the treatment of iron deficiency, when oral medication is ineffective or cannot be tolerated. The aim of the therapy is to replenish the body's iron stores. Your Doctor will supply you with a script for the appropriate dose.

PREPARATION FOR YOUR INFUSION:

- ❖ Please allow at least 1hr for the procedure. You may need to take the day off work (a certificate can be arranged)
- ❖ Please make sure you have eaten and have at least 2 glasses of water before you come in. Wear comfortable clothing. No exercising after infusion.
- ❖ Collect the required medication from your pharmacy before your infusion.
- ❖ Book a double appointment with your Doctor
- ❖ If coming from another clinic...Please bring in a copy of your most recent blood results – iron levels

DAY OF THE PROCEDURE:

- ❖ You will be asked to sign a consent form after the Doctor has discussed the procedure, possible side effects and answered any questions.
- ❖ Doctor will then insert a cannula into your arm(similar to having blood taken)
- ❖ You will be monitored before, during and for 30 minutes on completion of the procedure.
- ❖ The nurse will be administering the solution and monitoring the flow– this may take 10-20min depending on your required dose.
- ❖ Nurse will remove the cannula and apply a pressure bandage
- ❖ Finally you will be asked to sign the form stating that you have received your infusion and no skin staining has occurred.
- ❖ There also is an out of pocket cost - partially will be rebated form Medicare.

POSSIBLE SIDE EFFECTS:

It is very important you are aware of some reactions that may occur during or after your infusion.

Generally, when side effects do occur, they are mild and settle down on their own. They can last over the next couple of days.

- ❖ Abdominal upset / nausea / vomiting
- ❖ Tingling & numbness to limbs
- ❖ Metallic taste in mouth
- ❖ Hypertension (elevated blood pressure)
- ❖ Muscle or joint pain
- ❖ Head ache / dizziness / low blood pressure
- ❖ Fever / chills
- ❖ Injection site reactions – soreness, redness, rash

IMPORTANT: **Discoloration of the skin.**

Brown discolouration may occur due to a leakage of iron into the tissue around the needle site or the product leaks from the vein. This is not common but the stain can be long lasting or permanent.

Increase risk of reactions: Tell your Doctor prior to infusion...

- ❖ Are pregnant – avoid in first trimester
- ❖ Have asthma, eczema or other allergies