



Livingstone Street Clinic

9 Livingstone St, Ivanhoe 3079
Ph 9497 1188 Fax 9499 3330
Email: admin@livstclinic.com.au

Date of vaccination _____

Time of vaccination _____

INFLUENZA VACCINATION

Important

The most common reaction to vaccination is fainting, therefore you are asked not to drive or operate heavy machinery for 30 minutes after having your flu vaccine if you are feeling light headed or dizzy. . We do request you stay within the clinic for 15min following your vaccination.

Possible reactions to Influenza vaccine

Influenza vaccine cannot give you a dose of flu because it contains
NO ACTIVE VIRUS.

Some people who get the flu vaccine may still get "flu like symptoms" but they will usually get a milder case than those who were not vaccinated.

Common side effects

Pain, redness and swelling at the injection site
Low grade fever
Muscle aches
Drowsiness or tiredness
Headache
A temporary pea sized lump at the injection site

If mild side effects occur they may last one to two days. These can be reduced by:

- *Placing a cold cloth or cool pack on the painful site
- *Not overdressing
- *Taking Paracetamol to lower fever
- *Having extra fluids

If unexpected reaction occurs call: SAEFVIC ON 1300 882 924